

MENU

www.thefishbourne.co.uk



STARTERS

Crispy fried calamari with sesame seaweed salad, fresh lime and sweet chilli £9

Homemade soup of the day served with IOW bloomer bread £8 gluten free bread available

> Soft boiled smoked mackerel scotch egg with a horseradish dip £10

Garlic & rosemary baked camembert, with warm pitta bread & pear chutney £8 or £12 to share vegetarian, gluten free bread available

Roasted red pepper hummus with olives, pickles & toasted naan bread £9 gluten free bread available

PUB CLASSICS

Beer battered fish & triple cooked chips served with peas & homemade tartare sauce £15.00 gluten free

Beef lasagne served with ciabatta garlic bread & salad £14.50

IOW pork & leek sausages with wholegrain mustard mash, peas & onion gravy £13.50 gluten free

Breaded scampi served with triple cooked chips, homemade tartare sauce, peas or salad £14.00

Classic homemade beef & IOW ale pie with mash, vegetables & a jug of gravy £15

Spicy homemade beef chilli with rice, nachos & sour cream or vegetarian option smokey bean chilli £14.50 gluten free

Lambs' liver and crispy bacon served with champ and onion gravy £12 gluten free

PLEASE SEE OUR BLACKBOARD FOR TODAY'S FRESHLY PREPARED SPECIALS

MAIN COURSES

Medallions of pork served with green peppercorn sauce, garlic & rosemary roasted potatoes, tenderstem broccoli & chantenay carrots £16 gluten free

Sweet potato & butternut squash korma with rice, naan bread & mango chutney £14 vegetarian

Smoked haddock, salmon, white fish and prawn pie topped with cheesy mash served with crusty bread & salad £16

Vegetarian moussaka with garlic bread and salad £15 vegan

FROM THE GRILL

Cajan spiced chicken breast burger topped with sliced chorizo & melted mozzarella in a brioche bun with triple cooked chips & coleslaw £16 gluten free bun available

8oz gammon steak with choice of pineapple or fried egg with triple cooked chips and peas £18 gluten free

8oz rump steak with green peppercorn sauce, triple cooked chips, peas & beer battered onion rings £23 gluten free

6oz beefburger with bacon, melted cheddar, lettuce, tomato, gherkin, burger relish & spicy tomato chutney in a brioche bun with triple cooked chips & salad ± 15

SUNDAY ROASTS all gluten free

Do you have plans for Sunday lunch this week? You do now! Please ask a member of staff to book you a table for a fantastic roast with us!

Slow roasted IOW beef rump cooked medium rare £19 Leg of lamb £19 Breast of chicken £17 Nut roast with onion gravy £15 vegan

WHY NOT ADD?

Roasted cauliflower in thick creamy cheese sauce £5 gluten free

Pigs in blankets £4

Extra fluffed potatoes £4 gluten free Or have all three sides for £11?

All served with roast potatoes, chefs homemade gravy, seasonal vegetables and a Yorkshire pudding

Just ask for extra gravy at no additional charge

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12-inch base topped with tomato sauce, mozzarella, spicy beef, ham, chicken, pepperoni & red onion

12-inch base topped with tomato sauce, mozzarella, courgettes, roasted peppers, vegetarian pesto, sun blushed tomatoes, red onion & crispy basil

12-inch base topped with BBQ tomato sauce, mozzarella, chicken, roasted peppers & red onion

12-inch base topped with tomato sauce, mozzarella & basil oil dressing & crispy basil leaves

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COST OF LIVING SMALL SIZE SPECIALS - ALL £8

AVAILABLE BETWEEN 3 - 5PM MONDAY TO FRIDAY

Two IOW pork & leek sausages, wholegrain mustard mash, peas & onion gravy gluten free

Small honey roast ham, egg, chips & peas

Vegan moussaka with salad & garlic bread vegan

Small battered fish, chips, peas & tartare sauce gluten free

Beef lasagne with salad & ciabatta garlic bread

Breaded scampi, chips, peas & homemade tartare sauce

PIZZAS

MEAT FEAST £15

VEGETARIAN £13

BBQ SPICY CHICKEN £15

CLASSIC MARGARITA £13

gluten free bases are available

DESSERTS

Raspberry & lemon cheesecake with double cream £9

Rhubarb crème brulée & lemon shortbread £9 gluten free

Warm chocolate fudge cake with clotted cream £9

Homemade apple & blackberry crumble with a jug of custard or vanilla ice cream £8 gluten free available

Sticky toffee pudding with caramel sauce & honeycomb ice cream £9 gluten free

Sundae – wild berry, vanilla & salted caramel ice cream with vegan squirty cream & fruit compote £8.50 vegan

Selection of Ice creams £2.65 per scoop all gluten free

Vanilla, strawberry, triple chocolate, salted caramel, wild berry or honeycomb

JACKET POTATOES all gluten free

All served with salad Beef chilli con-carne with sour cream £10 gluten free Tuna mayonnaise & spring onion £9 Smokey bean chilli with vegan cheese £10 vegan Mature cheddar & coleslaw £9

SANDWICHES AVAILABLE 12 - 5PM

Available on locally baked white or brown bloomer bread Gluten free bread is available on request all served with triple cooked chips, salad garnish & coleslaw

Smoked salmon, cream cheese & peppery rocket £11 Chicken, baby gem lettuce, tomato & Caesar dressing £10 Bacon, brie & spicy tomato chutney toastie £11 Ham & mature cheddar toastie £10 Roasted red pepper hummus, spinach & tomato £10

CHILDRENS MENU £8 (UNDER 12'S)

One IOW sausage, mash, peas and gravy gluten free Battered chicken chunks with chips & peas or beans

> Vegan moussaka, salad & garlic bread gluten free bread available

Small battered fish, chips & peas gluten free

Beef lasagne, salad & garlic bread gluten free bread available

4oz beefburger with triple cooked chips, salad & peas or beans

Parents are respectfully requested to ensure that children are seated & supervised at all times

CANINE MENU

Because they deserve a treat too! Please ask about our range of canine menu gourmet chews





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o tripadvisor tripadvisor.co.uk/reviewit The Fishbourne Isle of Wight

ALLERGY INFORMATION

Please make a member of staff aware of any allergens that you may suffer from prior to ordering. If you require any specific allergen information please ask to see our Allergen Folder. Some dishes can be changed subject to ingredients and timescales.

DOG FRIENDLY

Our bar area is dog friendly and we love to welcome well behaved dogs. Please keep them on their lead at all times and keep them away from our walkways. Please ensure all dogs are kept off the furniture and on the floor at all times.

AFTER DINNER DRINKS

Why not end your meal with an after dinner drink? We have a great range of liqueurs and wonderfully warming hot drinks with a little something special added! We also serve a full range of hot drinks, please see our drinks list for details.

VEGAN & VEGETARIAN

Please be aware that our vegan & vegetarian dishes are prepared in a kitchen that also handles animal products.

POLITENESS & RESPECT

We expect our staff to be treated with politeness and respect at all times. We operate a zero tolerance policy towards rude and aggressive customers. We reserve the right to refuse service at our discretion.



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